

ANNOUNCING A PREGNANCY/BIRTH*

For the winter / summer semester

* (Please delete if not appropriate)

According to the German Maternity Protection Act (MuSchG)* applicable to mothers at the place of work, training and study of 23 May 2017

* The Maternity Protection Act protects the health of the woman and the child at the place of study during pregnancy, after childbirth and during breastfeeding. As soon as you have informed us – as a student of THGA – that you are pregnant or breastfeeding, the university must immediately determine the protective measures required according to a risk assessment and send a notification to the district government. In addition, the university must offer you consultation about further possible adjustments to your study conditions. In order to be able to fulfil this legal requirement, we need your help and therefore ask you to provide as much information as possible. If there are any changes to this information due to a change in your life situation, we would also ask you to inform us. Thank you very much!

Family name:

Given name(s):

Date of birth:

Student ID No.:

Expected delivery date:

(Please provide copy of your maternity protection pass as evidence)

Date of birth (child):

(Please provide copy of your child's birth certificate as evidence)

Phone number:

E-mail address:

Degree programme:

Programme semester:

During my pregnancy/after my child is born I plan to:

attend the following practical exercises:

- 1.
- 2.
- 3.
- 4.

I will take leave from university as part of the legal stipulations for maternity leave/parental leave; however, I do intend to take exams.

I am aware that, **once** I have **taken the exam**, any health reasons that may lead to the exam being marked as "not taken" may not be acknowledged. If any health issues occur **during the exam**, then §12(2) of the exam regulations (HPO) do apply.

The Maternity Protection Act contains a number of provisions that regulate the permissible working hours during pregnancy. These regulations are intended to protect you from physical overload and symptoms of exhaustion and mental stress. This is done in particular:

- by specifying the compulsory minimum rest period; and
- by stipulating the times of working and study hours (work/study between 8 p.m. and 10 p.m., prohibition of night work, work/study on Sundays and public holidays).

You are the best judge of whether and to what extent you need these times as periods to recover. Therefore, the legislation allows exceptions to these times in order not to prolong your studies unnecessarily. However, you must expressly agree to this (by ticking the following statements), and there must be nothing to the contrary from the point of view of your attending

doctor. In addition, it must be ensured that the study times plus any working time do not exceed 90 hours per double week and that a rest period of eleven hours is guaranteed after the end of the daily working time/study time.

I hereby voluntarily waive my right to my maternity leave before or after childbirth.

I am aware that, **once** I have **taken the exam**, any health reasons that may lead to the exam being marked as "not taken" may not be acknowledged. If any health issues occur **during the exam**, then §12(2) of the exam regulations (HPO) do apply.

I hereby expressly declare that I voluntarily waive the protection afforded by the ban on activities between 8 p.m. and 10 p.m. provided for in §5(2) MuSchG as part of my university education at THGA and that working alone during this time is excluded.

I hereby expressly declare that I voluntarily waive the protection afforded by the prohibition on working on Sundays and public holidays provided for under §6(2) MuSchG as part of my university education at THGA. I confirm that participation in the university event at this time is necessary for educational purposes and that working alone during this time is excluded.

If you have any further questions, please contact Christiane.Duin@thga.de.

I am aware that I can revoke these waivers, all or individually, at any time for the future with an informal letter (to be submitted to the Head of the Students' Office, Christiane Duin, Christiane.Duin@thga.de).

Place

Date

Signature